



BLOG 4. STORYHOUSE KOMMETJIE RETREATS ON PSYCHOLOGICAL WELLBEING

	2024		
1	13 Junie – 16 Junie	Arrive Thursday 14:00	Depart Sunday by 10:30
2	27 Junie – 30 Junie	Arrive Thursday 14:00	Depart Sunday by 10:30
3	11 Julie – 14 Julie	Arrive Thursday 14:00	Depart Sunday by 10:30
4	25 Julie – 28 Julie	Arrive Thursday 14:00	Depart Sunday by 10:30
5	8 Augustus – 11 Augustus	Arrive Thursday 14:00	Depart Sunday by 10:30
6	22 Augustus – 25 Augustus	Arrive Thursday 14:00	Depart Sunday by 10:30

Please read the following and discuss with us if you have any queries.

We kindly ask our guests to arrive **on time** on the Thursday, because our first session will be that afternoon.

Guests have to **arrange their own transport to and from Storyhouse in Kommetjie**. The cost of the Retreat does not include travel expenses to and from Kommetjie.

Guests arriving at **Cape Town International Airport**: you can either book a car, or a private taxi, or order an Uber.

Guests arriving with their own car: there is **free parking on the side walk** in Kommetjie.

Guests who want to **depart later than 10:30** on the last day (Sunday) of the Retreat: Due to new bookings, we have to start cleaning your room. There are several restaurants in Kommetjie where you can pass the time.

Guests who want to **stay another night**: Please discuss with us **beforehand** so that we can check availability.

We can take a maximum of 10 persons per Retreat, depending on the kind of accommodation the guests choose (single; double; triple). Please **wait for confirmation** by Charl or Antoinette before incurring any expenses.

We hope to see you soon!